



Planner: Russell Syme - Controller: Kat Petho

Next week – 22nd (Wednesday) March - Final SummerNav Cornwall Park

This Sunday 19th March First of the forest events at Waioneke – see details below

What a lovely night for a run tonight after all the wet of last week, although the remnants were still very apparent in Waiatarua Reserve. This usually lovely park was still something of a bog – aren't we lucky we were not there last week! Thanks to Russell and Kat for tonight's enjoyable courses, making good use of route choice to and from the parks and of the fascinating area around Michael Park School.

As the nights are now starting to draw in next week sees the FINAL SummerNav for the 2016-2017 season – it does not seem long ago we were going to the first! Our final event is on WEDNESDAY (22nd) at Cornwall Park, starting from the band rotunda, by the bbq's to the left of the roundabout as you come in from Greenlane Rd (close to the new cafeteria). This is within Cornwall Park and the gates will be closed at 8pm so please do try and get out on your run as early as you can – we do not want you to have your car locked in! If you are planning on staying late then please park outside the gates.

Feeling sorry that your orienteering at SummerNav is nearly over? NO NEED!! The end of SummerNav signals the START of our Sunday forest orienteering programme – the real orienteering which we all are addicted to! Concerned that this all sounds too serious and difficult? DON'T BE! The forest events have NINE courses, (plus usually a string course for the very young) so there is DEFINITELY a course suitable for you, whether you are a novice wanting a stroll around a short, easy course or a top orienteer and athlete wanting a really good workout. The easiest course is easier than course 4 at SummerNav, and the hardest longer and much more challenging than course 1 at SummerNav, with everything in between. If you have not yet tried orienteering in the forest then now is the time – first timers to forest orienteering get a free run. As we have had a large increase in the cost of the use of the forests the entry fee for this year has had to increase. Members adult, \$20, student \$10 family max \$40, Non members adult \$30, student \$15, family max \$60. These events use Sportident timing so if you do not own an e card you will need to hire one for \$3 (free hire for 10 and under)

The first of the Sunday events is THIS SUNDAY 19th March, starts between 10am and 12.30 at Waioneke, on the South Kaipara peninsula, about 20km north of Parakai on South Head Rd

Other coming events

Sunday 26th Waiuku North
Sunday 2nd April Riverhead

Easter 14th - 17th April OCEANIA, Auckland

19th - 20th April Middle Earth Rotorua

22nd - 29th April World Master Orienteering Champs Auckland!!

We have a busy time ahead!!

Course: 1 (Difficult)		Length: 7.80km			
Place	Name	Time	Points	Km	Note
1	Tyler Elliott	0:40:50			
2	Mitchel Cooper	0:44:30			



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Course: 1 (Difficult)**Length: 7.80km**

Place	Name	Time	Points	Km	Note
3	Adam Bateman	0:44:31			
4	Andrew de L'Isle	0:46:30			
5	Meghan Drew	0:47:01			
6	Scott Mackenzie	0:48:00			
7	Hamish MacMillan	0:48:54			
8	Daniel Carroll	0:52:00			
9	Kate Smirnova	0:52:38			
10	David Cranefield	0:55:00			
11	Wayne Ewington	0:55:26			
12	Luca Eastwood	0:59:00			
13	Alina Smirnova	1:00:12			
14	Aidan Skinner	1:01:01			
15	John Parsons	1:02:00			
16	Anon	1:05:00			
17	Dave True	1:08:40		7.74km	

Course: 2 (Difficult)**Length: 6.00km**

Place	Name	Time	Points	Km	Note
1	Thomas Brendolise	0:31:44			
2	Liam Thompson	0:33:15			
3	Max Earnshaw	0:36:30			
4	Daniel Chapman	0:37:33			
5	Tama Hoare	0:38:50		6.6km	
6	India J	0:40:05			
7	Richard Mercer	0:40:58			
8	Alexander Nicholson	0:41:16			
9	Tim Longson	0:42:24		6.20km	
10	Graham Teahan	0:42:56			
11=	Owen Means	0:44:37			
11=	Dean Kalman	0:44:37			
13=	Alexandra Riddle	0:44:43			
13=	Kate Salmon	0:44:43			
15	Paul Borton	0:45:18			
16	Poul Nielsen	0:45:29		6.13km	
17	Ruth	0:46:00			
18	Alistair Stewart	0:46:43		6.50km	
19	Alison C	0:46:51		5.94km	
20	Bruce & Panda	0:49:00			
21	Peter Bakos	0:49:30			
22	Matthew Greenwood	0:50:51			
23	Monique Dean	0:52:25			



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Course: 2 (Difficult)**Length: 6.00km**

Place	Name	Time	Points	Km	Note
24	William Steel	0:53:00			
25	Bex & Ann	0:53:33			
26	Ben Balmforth	0:53:51			
27	Peats	0:54:00			
28	John Barrett	0:55:30			
29	Mike Roigard	0:57:08		5.85km	
30	Louise Borton	0:58:00			
31	Tim Chapman	0:58:21			
32	Roger Woodroofe	0:58:40			
33	Angus Edwards	0:59:00			
34	Phil Skinner	1:01:50			
35	Kevin Williams	1:02:50			
36=	Megan Officer	1:04:36			
36=	Robert Vanstam	1:04:36			
38	Grace Wilde	1:07:00			
39	Irene Smirnova	1:10:20			
40	Stephanie Ireland	1:11:18			
41	Laura Fisher	1:19:00			

Course: 3 (Moderate)**Length: 2.80km**

Place	Name	Time	Points	Km	Note
1	Jeff Greenwood	0:12:35		2.13km	
2	Rebecca Greenwood	0:14:23		2.3km	
3	Anna Duston	0:14:53			
4	Martin Crosby	0:15:08			
5	Chelsea Oliver	0:15:59			
6	Tomas Calderon	0:16:02			
7	Garry Dean	0:18:50			
8	Oliver & David	0:19:00			
9	Sarah Q	0:19:44			
10	Petra	0:20:00			
11	Riley Kalman	0:20:11			
12	Petra Safkova	0:20:30			
13=	Olivia Power	0:22:00			
13=	LOB	0:22:00			
15	Penelope Salmon	0:22:33			
16	Debi Pyle	0:23:30			
17	Rachel Duston	0:23:44			
18	Neil Russ	0:24:03			
19	Karen Woods	0:24:24			
20=	Philippa McBride	0:25:00			

**Course: 3 (Moderate)****Length: 2.80km**

Place	Name	Time	Points	Km	Note
20=	Louie Lou	0:25:00			
22	Mandy	0:25:18			
23	Henry Barfoot	0:25:26			
24	Liz P & Ross	0:25:55			
25	Chris & Joel Parkinson	0:26:01			
26	Ray Barlow	0:27:10			
27	Ayva Barr	0:28:00			
28	Ruth Donde	0:28:10		2.5km	
29	Alex Tunnicliffe	0:28:30			
30	Maggi Salmon	0:28:40			
31	Alex McIntyre	0:29:50			
32=	Chris & Anthea	0:30:00			
32=	White	0:30:00			St Chads Keas
32=	William Steel	0:30:00			
35	C Chapman	0:31:13			
36	Anna Noy	0:31:22			
37	Aidan G	0:31:44			
38=	Bob-A-Long	0:33:00			
38=	Orange	0:33:00			St Chads Keas
38=	Ling Lee	0:33:00			
41	Alwine Barlow	0:33:12			
42=	Team C	0:34:00			
42=	Mandy & Chloe	0:34:00			
42=	Susan & Nats	0:34:00			
45	Margaret Q	0:34:55			
46	Zipporan & Brianna	0:35:17			
47=	Molly, Greer & Tegan	0:36:00			
47=	Rachel & Victoria	0:36:00			
47=	Zara & Tracey & Campbell Syme	0:36:00			
50	Jan Kalman	0:36:31			
51	Jan Safka	0:37:16			
52	Vee Smirnov	0:37:50			
53	Zhen Ng	0:38:00			
54	Mervyn Paitry	0:38:45			
55=	Yvette Harrison	0:39:00			
55=	Brearley Family	0:39:00			
55=	Sarah Steel	0:39:00			
58	B & K	0:40:00			
59	Edmund Christie	0:41:42			
60	Beth & Caroline	0:42:00			
61=	Sarah, Amy, Hannah & Estelle	0:44:00			
61=	Zoe, Libby, Emma, Erica & Danielle	0:44:00			



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Course: 3 (Moderate)**Length: 2.80km**

Place	Name	Time	Points	Km	Note
61=	Turnip Tops	0:44:00			
64	Scott Christie	0:44:33			
65	Cathy	0:48:00			
66	Yellow	0:49:00			St Chads Keas

Course: 4 (Easy)**Length: 1.40km**

Place	Name	Time	Points	Km	Note
1	Oliver & David	0:09:00			
2	Anon	0:11:12			
3	LOB	0:11:50			
4	Carey	0:14:00			
5	Bob-A-Long	0:14:45			
6	Alex McIntyre	0:18:00			
7=	Ruby Nathan	0:19:00			
7=	James Murphy	0:19:00			
7=	Siobhan Murphy	0:19:00			
10	Benjamin Scott	0:21:34			
11=	Danielle Foster	0:22:00			
11=	Libby Yee & Zoe B-H, Erica Lust & Em	0:22:00			
11=	Abbey & Oliver & Jenny Teahan	0:22:00			
14	Libby Yee	0:22:13			
15	Emma	0:23:00			
16	Luca	0:24:00			
17=	Landon Barr	0:25:00			
17=	Taylor	0:25:00			
19	Peter Ware	0:26:19			
20	Jessica Robinson	0:30:50			
21	Finn & Leif OSullivan	0:32:00			
22	John & Karen Hally	0:48:00			
	Eli	No Time			