September 2022 Newsletter

Hi to all Auckland club members,

September finds us with a number of our club members partaking in the <u>Australian Orienteering Carnival</u> in Victoria (and the rest of us with major FOMO). We have 14 Junior club members taking part in the Australian Schools Championships as part of the Southern Cross Challenge. Keep an eye on the <u>Auckland Orienteering Club Facebook</u> <u>page</u> for daily results updates and photos.



The final night of our Spring Night Series took place on a fabulously updated map of the Central City. Our thanks to Joanna and Alistair Stewart for their huge effort in mapping the entire central city. I can see this being used a lot in the future and a great way to extend the Orienteering story in to after-work events and one-off Corporate opportunities.

We successfully retained our Auckland Club Relays trophy by winning all of the 4 grades in beautiful sunshine at the complex Kristin College. <u>Results can be found here</u>.

In this newsletter:

- 1. New Members
- 2. Sub-Committee Updates
- 3. Upcoming Events
- 4. Coaching and Training
- 5. Club News

1. New Members

We welcome the following new members to the club. It is great to have you on board. We look forward to you all developing your Orienteering abilities and seeing you at our events.

- Bennet Cullen
- Covic Family
- Kühnast Family
- McLean/Walsh Family
- Matthew Bell
- Eloise Whitehead
- Morris/Devlin Family

2. Sub-Committee Updates

a. New Finance and Investment Sub-Committee

As discussed at the recent Auckland Relays we are desperately looking for a couple of helpers for the following areas. We think this will be no more than a couple of hours effort a month

- Social Secretary we are looking for someone to come and set up Social events for club members. This could be as simple as selecting a Central Auckland venue for members to meet up at every few weeks.
- Events write up we are looking for someone to write up Auckland Club member performances after events and publish these on our Social media pages and website
- Marketing We are looking for a Graphics designer to come and create some glossy imagery that can be used across our website, social media updates as well as the borders around our maps used at our events.

Building the culture and togetherness of the club has been highlighted as the number 1 area and getting support in these areas would be amazing. To be involved in any of the above areas simply click this <u>Involve me</u> link

We are also looking for help in shaping our future website. We want to get peoples views on what they think should be on our website so we can design the best way forward. If you have ideas, please <u>fill in this form</u>, which also gives you the option of offering to join a reference group to do further work on the website.

b. Coaching and Performance

In this committee we will looking for a collective of people to help shape up our future Coaching programme. We are looking for members across a wide range of ages and abilities. We want to ensure that we have coaching available for our elites, our new starters and everything in between. The committee will be responsible for:

- Annual Training programme for the Club
- Coaching Pathway
- Training and Coaching opportunities
- Post Event reviews and walkthroughs
- Team and Relay Selections
- Planners and Controllers training

If you think you can help shape the Coaching and Performance future of our club then <u>register</u> <u>here</u>.

c. Technical and Mapping

In this committee we are looking for people to handle all things Technical and Mapping. You will help develop technical capability within the club, ensuring that we always have options available for major events. The committee will be responsible for:

- Future Map opportunities
- Mapping database and updating to International Standards
- Event Feedback and Technical Governance (ensuring a continued level of standards)
- Technology alignment with Global advancements
- Olynx/OCAD Technology training
- Create Mapping training opportunities

If you think you can help shape the Technical and Mapping future of our club then register here.

3. Upcoming Events

A reminder to always check the <u>club website</u> if you want to know about any upcoming events.

Sunday 16th October – AOS 12 – Mushroom Road

This is the final AOS event of the year at the complex and hilly Mushroom Road map. (Details of how to find this will be published on the website soon.) Be prepared for some tricky and challenging courses Setter: Jonty Oram Controller: Callum Wishart Event Co-ordinator: Martin Crosby

As always, such an event can only happen with a **willing team of volunteers**. If you can help, <u>please sign up here</u>. There are job descriptions linked into the spreadsheet, but if you have any further questions about helping out, please <u>email Martin</u>.

Saturday 22nd October – Monday 24th October – Northern Regional Champs

NWOC is excited to present the <u>Northern Regional champs</u>, with three days of classic Woodhill Forest terrain. Mature plantation forest and sand dunes reveal intricate contour detail with predominantly fast runnable 'white' terrain. Orienteering paradise! Each day will be a multi-day distance length (slightly shorter than a "long"), with a chasing start on day three. The Championship place getters are based on the aggregate times over the 3 days.

Entries are open now, so don't delay!

2022/2023 SummerNav Series

Our SummerNav Series of 18 events starts on the 27th October at Western Springs and ends on the 22nd March also at Western Springs.

The calendar of events through to Christmas 2022 can be found on our <u>website home page</u>. Events in early 2023 will be added soon.

Season Ticket costs for AOC Members are:

Family	\$100
Adult	\$50
Student	\$30

Further information and pricing

We are currently **looking for volunteers** across a number of roles (especially Controllers). Please add yourself as a <u>Volunteer here</u>

4. Coaching and Training

Tuesday night training: Auckland Museum (south side steps) @6pm

Now that Daylight Savings is here we will be introducing some technical and fun training sessions (micro-sprints, grids, mazes, mini-rogaines). Come along **this Tuesday at 6pm** to see what it is all about. There is plenty of parking on the Titoki St side of the Domain. We will have exercises for all ages and all speeds. It's a great way to building up that endurance as well as technical expertise as well as getting to know other club members.

5. Club News

a. AGM and social event: Sunday 4 December from 3.00pm at the <u>Blockhouse</u> <u>Bay Bowling Club</u>.

3.00pm - Team Rogaine

5.00pm - socialising, bowling and eating

7.00pm - AGM

Our AGM this year will be held at the Blockhouse Bay Bowling Club, 33 Terry St, Blockhouse Bay.

In the October Newsletter we will be asking for any nominations or expressions of interest in the Club committee positions. With the new sub-committees, the overarching role of the committee will naturally change and more information about that will also be in the next newsletter.

Teams Rogaine: we will have a Qualification race to determine the Rogaine Teams (3 people). These teams will work together to collect all the controls in the Reserve, with a few sneaky twists. This is a bit different from your usual Rogaine and requires strategy as well as skill. More details will be provided in a bulletin and a call for entries will be included in the next newsletter.

BBQ and shared meal: The Club will provide the meat for the BBQ. *Please bring a salad or desser to share.*

b. 2023 Calendar

We've been working hard with North West Orienteering Club and Counties Manukau Orienteering Club to finalise our 2023 Calendar. In the October newsletter we will be able to announce exciting new series and events coming your way next year.

Thanks, Neill (Acting President)