

Pl	Stno	Name	Time			8.4 km		18 C		(cont.)							
				1(73)	2(60)	3(49)	4(76)	5(83)	6(84)	7(74)	8(79)	9(77)	10(75)	11(44)	12(81)	13(67)	14(70)
				15(71)	16(56)	17(72)	18(58)	F									
4	130	Nick Harris NWOC	1:03:57	1:36 1:36	4:21 2:45	6:37 2:16	16:01 9:24	23:27 7:26	24:43 1:16	29:49 5:06	37:50 8:01	40:18 2:28	44:24 4:06	45:58 1:34	52:15 6:17	55:56 3:41	57:11 1:15
5	95	Marquita Geldermar NWOC	1:06:49	1:44 3:23	4:05 0:52	7:00 0:38	18:46 1:02	24:09 0:51	25:28 1:19	29:17 3:49	35:12 5:55	38:10 2:58	43:57 5:47	45:33 1:36	52:44 7:11	56:24 3:40	57:37 1:13
6	85	Imogene Scott AOC	1:08:29	1:45 1:45	4:17 2:32	6:56 2:39	17:12 10:16	24:09 6:57	25:16 1:07	29:09 3:53	36:54 7:45	41:54 5:00	47:17 5:23	48:49 1:32	55:58 7:09	59:34 3:36	1:00:46 1:12
7	158	Martin Peat CMOC	1:08:54	1:32 1:32	4:17 2:45	6:34 2:17	16:52 10:18	23:09 6:17	24:42 1:33	28:39 3:57	38:12 9:33	40:54 2:42	46:13 5:19	47:43 1:30	55:15 7:32	59:15 4:00	1:01:22 2:07
8	122	Neil Martin NWOC	1:10:59	1:42 1:42	4:17 2:35	7:49 3:32	18:31 10:42	24:56 6:25	26:26 1:30	31:00 4:34	37:04 6:04	40:42 3:38	45:58 5:16	47:46 1:48	55:34 7:48	1:00:22 4:48	1:01:30 1:08
9	123	Dave Middleton NWOC	1:16:35	5:15 1:52	1:15 4:26	1:03 7:05	1:09 18:01	0:47 26:53	27:55 1:02	32:38 4:43	39:41 7:03	42:52 3:11	48:34 5:42	50:42 2:08	59:34 8:52	1:04:36 5:02	1:06:13 1:37
10	114	Rudy Hlawatsch AOC	1:17:15	2:20 2:20	5:01 2:41	7:57 2:56	20:49 12:52	27:33 6:44	29:02 1:29	35:49 6:47	42:31 6:42	45:54 3:23	52:01 6:07	54:24 2:23	1:02:14 7:50	1:06:43 4:29	1:08:07 1:24
11	75	Geoff Mead NWOC	1:18:32	2:07 2:07	5:02 2:55	8:02 3:00	19:39 11:37	25:17 5:38	27:51 2:34	38:02 10:11	45:25 7:23	49:12 3:47	54:57 5:45	57:25 2:28	1:04:34 7:09	1:08:17 3:43	1:09:37 1:20
12	89	Ross Brighthouse CMOC	1:19:36	1:56 1:56	4:37 2:41	7:13 2:36	17:33 10:20	35:18 17:45	37:07 1:49	41:05 3:58	47:20 6:15	50:11 2:51	54:49 4:38	56:25 1:36	1:04:28 8:03	1:10:06 5:38	1:11:30 1:24
13	7	Cosette Saville CMOC	1:19:37	4:06 1:39	1:17 2:57	0:45 1:17:37	1:07 1:18:40	0:51 1:19:37	29:05 2:05	35:29 6:24	42:58 7:29	49:16 6:18	55:52 6:36	57:28 1:36	1:05:51 8:23	1:10:24 4:33	1:11:41 1:17
14	32	Brent Goodall CMOC	1:23:33	1:51 1:51	4:44 2:53	7:56 3:12	18:48 10:52	27:14 8:26	28:07 0:53	32:09 4:02	42:34 10:25	47:00 4:26	52:04 5:04	54:13 2:09	1:10:36 16:23	1:14:19 3:43	1:15:30 1:11
15	4	Cameron De Lisle NWOC	1:23:48	3:04 3:04	7:31 4:27	10:34 3:03	24:23 13:49	34:42 10:19	36:14 1:32	40:41 4:27	48:44 8:03	51:43 2:59	58:11 6:28	1:00:10 1:59	1:09:08 8:58	1:14:17 5:09	1:15:44 1:27
16	33	Renee Beveridge NWOC	1:24:32	4:33 1:49	0:58 3:08	0:36 3:12	0:57 13:22	1:00 7:02	29:53 1:20	40:10 10:17	47:50 7:40	51:19 3:29	58:29 7:10	1:00:36 2:07	1:09:59 9:23	1:13:54 3:55	1:15:18 1:24
17	93	Shuan Hill NWOC	1:25:34	3:29 3:29	6:07 2:38	12:35 6:28	26:27 13:52	35:24 8:57	37:26 2:02	42:42 5:16	51:18 8:36	55:10 3:52	1:00:50 5:40	1:02:52 2:02	1:11:22 8:30	1:16:20 4:58	1:17:32 1:12
18	127	Mike Morse NWOC	1:25:47	3:57 1:51	0:59 5:44	1:19 8:21	0:58 19:32	0:49 25:52	27:10 1:18	31:31 4:21	46:11 14:40	49:30 3:19	59:21 9:51	1:01:30 2:09	1:09:29 7:59	1:13:22 3:53	1:14:37 1:15
19	218	Peter King AOC	1:28:14	4:20 2:03	1:22 5:11	0:51 8:25	3:44 21:33	0:53 29:16	31:17 2:01	36:36 5:19	45:47 9:11	49:12 3:25	55:06 5:54	57:37 2:31	1:08:03 10:26	1:13:33 5:30	1:15:14 1:41
20	88	Katherine Reynolds NWOC	1:29:10	7:48 1:49	1:39 4:00	0:55 6:36	1:32 14:16	1:06 7:49	35:55 1:25	42:26 6:31	51:06 8:40	54:40 3:34	59:58 5:18	1:01:41 1:43	1:10:43 9:02	1:14:50 4:07	1:16:10 1:20
21	215	Kieran Woods AOC	1:33:49	4:35 1:45	5:30 4:41	0:47 7:02	1:11 21:35	0:57 30:44	31:54 1:10	36:41 4:47	46:06 9:25	49:39 3:33	1:04:43 15:04	1:06:58 2:15	1:17:28 10:30	1:23:27 5:59	1:25:00 1:33
22	217	John Barrett NWOC	1:39:21	4:19 2:22	1:13 6:14	0:56 9:20	1:11 28:11	1:10 38:56	40:42 1:46	46:33 5:51	56:35 10:02	1:00:49 4:14	1:07:19 6:30	1:09:53 2:34	1:20:27 10:34	1:25:43 5:16	1:27:17 1:34
23	59	Stan Foster NWOC	1:40:05	5:53 2:10	2:22 5:52	0:58 8:59	1:39 24:22	1:12 32:47	34:15 1:28	41:23 7:08	51:12 9:49	1:01:53 10:41	1:08:59 7:06	1:11:41 2:42	1:21:24 9:43	1:26:40 5:16	1:28:24 1:44
	38	Phil White NWOC	mp	6:21 3:35	1:40 3:10	0:59 2:30	1:21 10:41	1:20 6:45	27:58 1:17	36:28 8:30	44:49 8:21	47:39 2:50	52:16 4:37	53:58 1:42	1:01:30 7:32	1:07:22 5:52	1:08:38 1:16
	137	Colin Hooper No Club	dnf	3:34 20:43	1:12 31:25	1:29 55:08	----- 1:19:20	1:15:34 1:31:04	----- 1:33:00	----- 1:40:11	----- -----	----- -----	----- 1:48:00	----- -----	----- -----	----- -----	----- -----

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				1(59) 15(71)	2(60) 16(72)	3(61) 17(58)	4(62) F	5(75)	6(76)	7(74)	8(44)	9(53)	10(67)	11(70)	12(55)	13(34)	14(54)
Red 3 (45)																	
1	116	Greg Flynn NWOC	40:53	2:53 2:53 37:46	4:21 1:28 39:10	6:07 1:46 39:57	10:19 4:12 40:53	16:18 5:59	17:12 0:54	19:02 1:50	21:21 2:19	27:45 6:24	30:27 2:42	31:38 1:11	34:28 2:50	35:07 0:39	36:16 1:09
2	13	Tane Moore NWOC	43:28	1:30 3:09 3:09 40:27 1:28	1:24 4:20 1:11 41:36 1:09	0:47 6:32 2:12 42:48 1:12	0:56 10:49 4:17 43:28 0:40	16:31 5:42	17:38 1:07	19:46 2:08	23:43 3:57	29:53 6:10	33:12 3:19	34:35 1:23	37:16 2:41	37:48 0:32	38:59 1:11
3	92	Jula McMillan NWOC	49:31	3:02 3:02 45:54 2:01	4:26 1:24 47:30 1:36	6:29 2:03 48:31 1:01	10:25 3:56 49:31 1:00	15:57 5:32	17:18 1:21	20:54 3:36	24:43 3:49	31:02 6:19	34:26 3:24	35:36 1:10	40:29 4:53	41:15 0:46	43:53 2:38
4	101	Kayla Fairbairn NWOC	50:06	3:05 3:05 47:08 2:34	4:47 1:42 48:20 1:12	6:58 2:11 49:18 0:58	11:42 4:44 50:06 0:48	18:09 6:27	20:12 2:03	22:38 2:26	26:16 3:38	33:57 7:41	37:51 3:54	39:10 1:19	42:12 3:02	42:55 0:43	44:34 1:39
5	76	Alice Tilley NWOC	51:17	2:27 2:27 47:56 1:46	3:55 1:28 49:25 1:29	5:49 1:54 50:27 1:02	11:43 5:54 51:17 0:50	17:18 5:35	18:37 1:19	21:13 2:36	25:07 3:54	34:02 8:55	37:40 3:38	38:55 1:15	44:21 5:26	44:48 0:27	46:10 1:22
6	120	Ivan Millar CMOC	53:19	3:36 3:36 49:24 3:17	4:56 1:20 51:05 1:41	7:12 2:16 52:13 1:08	12:27 5:15 53:19 1:06	19:07 6:40	20:21 1:14	22:44 2:23	26:04 3:20	33:58 7:54	37:49 3:51	39:04 1:15	43:40 4:36	44:30 0:50	46:07 1:37
7	55	Lisa Mead NWOC	55:02	3:22 3:22 51:10 2:08	4:46 1:24 52:47 1:37	7:15 2:29 54:06 1:19	12:45 5:30 55:02 0:56	18:39 5:54	19:47 1:08	25:40 5:53	29:42 4:02	37:01 7:19	40:52 3:51	42:10 1:18	46:34 4:24	47:24 0:50	49:02 1:38
8	135	Wayne Aspin CMOC	56:49	3:47 3:47 53:09 3:14	5:51 2:04 54:44 1:35	8:17 2:26 55:51 1:07	14:03 5:46 56:49 0:58	21:37 7:34	23:07 1:30	25:58 2:51	28:39 2:41	36:41 8:02	41:17 4:36	42:44 1:27	47:18 4:34	48:11 0:53	49:55 1:44
9	53	Thomas Stolberger NWOC	57:07	5:59 5:59 53:50 1:45	7:30 1:31 55:16 1:26	9:50 2:20 57:07 0:59	15:34 5:44 57:07 0:52	24:10 8:36	25:09 0:59	27:44 2:35	31:11 3:27	39:55 8:44	43:34 3:39	45:34 2:00	50:03 4:29	50:27 0:24	52:05 1:38
10	159	Frances Peat CMOC	58:55	4:15 4:15 53:59 2:15	5:30 1:15 56:48 2:49	8:02 2:32 58:01 1:13	12:29 4:27 58:55 0:54	18:56 6:27	20:22 1:26	23:01 2:39	28:40 5:39	36:18 7:38	40:52 4:34	42:20 1:28	46:33 4:13	47:33 1:00	51:44 4:11
11	132	Owen Means NWOC	58:58	3:30 3:30 54:57 2:20	5:13 1:43 56:43 1:46	7:45 2:32 57:53 1:10	13:10 5:25 58:58 1:05	21:18 8:08	22:33 1:15	25:13 2:40	29:55 4:42	38:46 8:51	43:47 5:01	45:27 1:40	49:46 4:19	50:42 0:56	52:37 1:55
12	108	Kate Smirnova AOC	59:04	3:05 3:05 55:12 2:36	5:01 1:56 56:51 1:39	7:40 2:39 58:03 1:12	13:26 5:46 59:04 1:01	22:38 9:12	24:09 1:31	27:06 2:57	30:27 3:21	39:50 9:23	44:13 4:23	45:47 1:34	49:39 3:52	50:37 0:58	52:36 1:59
13	45	Sonia Hollands CMOC	1:00:09	3:30 3:30 55:13 2:02	5:01 1:31 56:30 1:17	7:10 2:09 59:16 1:12	11:35 4:25 1:00:09 0:53	19:19 7:44	20:45 1:26	24:11 3:26	28:53 4:42	36:34 7:41	43:11 6:37	44:26 1:15	48:47 4:21	49:45 0:58	53:11 3:26
14	36	Phil Johansen NWOC	1:01:02	3:29 3:29 57:13 2:02	5:14 1:45 58:45 1:32	8:47 3:33 1:00:01 1:16	14:01 5:14 1:01:02 1:01	22:05 8:04	23:43 1:38	26:22 2:39	31:00 4:38	39:41 8:41	44:59 5:18	46:54 1:55	52:41 5:47	53:32 0:51	55:11 1:39
15	104	Annette Orchard AOC	1:02:01	4:16 4:16 57:43 2:33	5:53 1:37 59:32 1:49	8:56 3:03 1:00:52 1:20	15:50 6:54 1:02:01 1:09	24:52 9:02	26:41 1:49	29:12 2:31	32:12 3:00	41:17 9:05	45:56 4:39	47:31 1:35	51:34 4:03	52:34 1:00	55:10 2:36
16	27	John Robinson CMOC	1:02:09	3:32 3:32 58:06 3:08	6:02 2:30 59:56 1:50	10:12 4:10 1:01:04 1:08	15:32 5:20 1:02:09 1:05	22:30 6:58	24:11 1:41	27:10 2:59	33:02 5:52	41:30 8:28	45:45 4:15	47:21 1:36	51:02 3:41	51:57 0:55	54:58 3:01
17	155	Callum Hill NWOC	1:05:44	2:57 2:57 1:02:01 1:50	5:23 2:26 1:03:57 1:56	7:58 2:35 1:05:01 1:04	12:29 4:31 1:05:44 0:43	20:00 7:31	21:28 1:28	28:00 6:32	30:38 2:38	41:42 11:04	48:23 6:41	49:59 1:36	53:55 3:56	58:22 4:27	1:00:11 1:49
18	65	Angela Levet CMOC	1:06:13	4:16 4:16 1:01:34 2:25	6:26 2:10 1:03:40 2:06	13:31 7:05 1:04:59 1:19	19:20 5:49 1:06:13 1:14	28:33 9:13	30:01 1:28	32:51 2:50	36:09 3:18	44:34 8:25	49:12 4:38	50:48 1:36	56:00 5:12	56:55 0:55	59:09 2:14
19	42	James Crosby AOC	1:08:32	5:49 5:49 1:05:26 1:51	7:55 2:06 1:06:40 1:14	11:09 3:14 1:07:43 1:03	19:46 8:37 1:08:32 0:49	27:33 7:47	28:54 1:21	32:10 3:16	36:14 4:04	48:01 11:47	53:33 5:32	56:34 3:01	1:01:38 5:04	1:02:08 0:30	1:03:35 1:27
20	68	Hayley Smith AOC	1:09:12	3:55 3:55 1:05:29 2:42	5:24 1:29 1:07:06 1:37	7:45 2:21 1:08:06 1:00	15:20 7:35 1:09:12 1:06	25:59 10:39	28:16 2:17	32:43 4:27	39:09 6:26	47:50 8:41	52:53 5:03	54:50 1:57	1:00:12 5:22	1:01:18 1:06	1:02:47 1:29
21	141	Kasper Tofte AOC	1:09:47	5:26 5:26 1:05:02 2:56	7:22 1:56 1:07:30 2:28	11:43 4:21 1:08:49 1:19	18:10 6:27 1:09:47 0:58	26:07 7:57	27:42 1:35	30:24 2:42	34:01 3:37	43:40 9:39	48:48 5:08	50:16 1:28	59:00 8:44	1:00:07 1:07	1:02:06 1:59
22	109	Daria Voloshko AOC	1:10:33	4:13 4:13 1:05:57 2:33	6:08 1:55 1:08:05 2:08	11:13 5:05 1:09:21 1:16	17:59 6:46 1:10:33 1:12	26:02 8:03	27:43 1:41	31:09 3:26	35:20 4:11	44:22 9:02	52:33 8:11	54:26 1:53	59:02 4:36	59:53 0:51	1:03:24 3:31

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				1(59) 15(71)	2(60) 16(72)	3(61) 17(58)	4(62) F	5(75)	6(76)	7(74)	8(44)	9(53)	10(67)	11(70)	12(55)	13(34)	14(54)
Red 3 (45)																	
23	142	Hayley Ewen AOC	1:10:47	14:29 14:29 1:07:08 2:11	16:20 1:51 1:08:47 1:39	19:36 3:16 1:09:54 1:07	23:55 4:19 1:10:47 0:53	30:32 6:37	32:01 1:29	35:59 3:58	40:31 4:32	48:18 7:47	53:37 5:19	55:16 1:39	1:00:56 5:40	1:01:43 0:47	1:04:57 3:14
24	66	Roger Woodroofe AOC	1:12:23	4:11 4:11 1:08:18 2:36	6:18 2:07 1:09:54 1:36	9:35 3:17 1:11:31 1:37	15:14 5:39 1:12:23 0:52	24:32 9:18	27:12 2:40	29:59 2:47	38:17 8:18	49:52 11:35	55:02 5:10	57:04 2:02	1:02:16 5:12	1:03:43 1:27	1:05:42 1:59
25	143	Trish Aspin CMOC	1:12:26	3:46 3:46 1:08:18 7:49	5:47 2:01 1:09:53 1:35	8:16 2:29 1:11:14 1:21	14:25 6:09 1:12:26 1:12	21:43 7:18	23:12 1:29	26:14 3:02	31:44 5:30	40:33 8:49	46:00 5:27	47:35 1:35	54:49 7:14	56:18 1:29	1:00:29 4:11
26	67	Brian Long CMOC	1:13:31	4:16 4:16 1:08:25 3:07	5:58 1:42 1:10:51 2:26	8:53 2:55 1:12:11 1:20	15:55 7:02 1:13:31 1:20	23:54 7:59	25:44 1:50	28:59 3:15	33:54 4:55	43:44 9:50	49:12 5:28	51:07 1:55	1:01:41 10:34	1:03:14 1:33	1:05:18 2:04
27	3	Andrew De Lisle NWOC	1:15:15	6:42 6:42 1:10:45 2:25	14:07 7:25 1:12:10 1:25	16:53 2:46 1:14:24 2:14	22:50 5:57 1:15:15 0:51	31:36 8:46	33:23 1:47	39:21 5:58	43:48 4:27	52:16 8:28	57:56 5:40	59:28 1:32	1:03:58 4:30	1:05:19 1:21	1:08:20 3:01
28	212	Rodney Deacon AOC	1:15:40	2:58 2:58 1:11:46 2:31	4:28 1:30 1:13:35 1:49	6:54 2:26 1:14:46 1:11	12:19 5:25 1:15:40 0:54	19:19 7:00	20:49 1:30	23:50 3:01	26:55 3:05	35:42 8:47	41:22 5:40	54:06 12:44	58:49 4:43	1:00:02 1:13	1:09:15 9:13
29	157	Flynn Hill NWOC	1:16:30	3:15 3:15 1:13:04 2:55	5:13 1:58 1:14:44 1:40	9:55 4:42 1:15:28 0:44	14:41 4:46 1:16:30 1:02	22:34 7:53	23:38 1:04	30:03 6:25	33:31 3:28	43:51 10:20	50:31 6:40	53:31 3:00	1:07:20 13:49	1:07:58 0:38	1:10:09 2:11
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31	46	Suzanne Stolberger NWOC	1:23:03	7:08 7:08 1:18:14 2:52	9:16 2:08 1:20:26 2:12	15:00 5:44 1:21:46 1:20	20:59 5:59 1:23:03 1:17	29:05 8:06	30:49 1:44	41:51 11:02	46:26 4:35	55:32 9:06	1:02:28 6:56	1:06:47 4:19	1:12:19 5:32	1:13:09 0:50	1:15:22 2:13
32	5	Greg Roigard AOC	1:24:48	4:05 4:05 1:14:31 2:47	6:03 1:58 1:20:16 5:45	9:38 3:35 1:23:46 3:30	17:22 7:44 1:24:48 1:02	28:31 11:09	30:05 1:34	37:49 7:44	41:14 3:25	52:20 11:06	58:46 6:26	1:00:33 1:47	1:08:28 7:55	1:09:25 0:57	1:11:44 2:19
33	213	Tom Davies AOC	1:30:11	16:04 16:04 1:25:19 4:11	18:11 2:07 1:27:24 2:05	29:17 11:06 1:29:18 1:54	35:41 6:24 1:30:11 0:53	42:15 6:34	44:26 2:11	47:49 3:23	52:51 5:02	1:01:35 8:44	1:07:52 6:17	1:09:47 1:55	1:16:25 6:38	1:17:54 1:29	1:21:08 3:14
34	86	Bronwyn Holcome AOC	1:32:03	4:52 4:52 1:24:53 4:55	7:41 2:49 1:28:51 3:58	10:34 2:53 1:30:43 1:52	17:14 6:40 1:32:03 1:20	29:54 12:40	32:03 2:09	35:47 3:44	42:15 6:28	54:53 12:38	1:04:27 9:34	1:06:35 2:08	1:14:59 8:24	1:16:07 1:08	1:19:58 3:51
35	11	Elizabeth Parsons AOC	1:35:15	5:31 5:31 1:24:35 2:47	7:46 2:15 1:29:42 5:07	12:12 4:26 1:33:53 4:11	21:12 9:00 1:35:15 1:22	31:12 10:00	33:47 2:35	39:01 5:14	49:29 10:28	1:01:46 12:17	1:08:58 7:12	1:10:51 1:53	1:18:11 7:20	1:19:04 0:53	1:21:48 2:44
36	39	Richard Mercer AOC	1:39:05	10:06 10:06 1:35:06 2:36	14:29 4:23 1:36:49 1:43	25:09 10:40 1:38:08 1:19	30:40 5:31 1:39:05 0:57	46:07 15:27	59:24 13:17	1:06:13 6:49	1:10:14 4:01	1:18:41 8:27	1:23:24 4:43	1:24:42 1:18	1:29:29 4:47	1:30:16 0:47	1:32:30 2:14
37	219	Robert King AOC	1:42:37	11:41 11:41 1:33:33 2:10	14:26 2:45 1:36:09 2:36	17:39 3:13 1:41:26 5:17	23:14 5:35 1:42:37 1:11	33:17 10:03	36:01 2:44	1:00:45 24:44	1:03:42 2:57	1:12:20 8:38	1:18:43 6:23	1:19:44 1:01	1:27:10 7:26	1:28:45 1:35	1:31:23 2:38
38	154	Hiraku Walley CMOC	1:44:28	18:46 18:46 1:40:42 11:16	23:34 4:48 1:42:12 1:30	30:01 6:27 1:43:25 1:13	37:37 7:36 1:44:28 1:03	46:23 8:46	47:22 0:59	50:07 2:45	53:19 3:12	1:03:41 10:22	1:10:53 7:12	1:12:29 1:36	1:21:13 8:44	1:21:39 0:26	1:29:26 7:47
39	73	Penny Brothers NWOC	1:44:31	4:46 4:46 1:39:10 3:23	6:42 1:56 1:41:32 2:22	10:50 4:08 1:43:07 1:35	37:49 26:59 1:44:31 1:24	48:10 10:21	50:43 2:33	54:27 3:44	58:58 4:31	1:12:02 13:04	1:21:24 9:22	1:24:13 2:49	1:30:39 6:26	1:32:26 1:47	1:35:47 3:21
40	211	Robin amber NWOC	1:56:00	22:14 22:14 1:47:25 5:05	24:16 2:02 1:49:57 2:32	27:39 3:23 1:53:25 3:28	35:19 7:40 1:56:00 2:35	45:12 9:53	47:34 2:22	52:02 4:28	56:30 4:28	1:09:00 12:30	1:17:01 8:01	1:19:37 2:36	1:26:21 6:44	1:31:29 5:08	1:42:20 10:51
41	136	Vanessa Van Marle AOC	2:07:03	4:52 4:52 2:01:25 6:15	6:27 1:35 2:03:42 2:17	10:24 3:57 2:05:47 2:05	18:02 7:38 2:07:03 1:16	27:31 9:29	43:47 16:16	53:08 9:21	56:48 3:40	1:21:50 25:02	1:36:34 14:44	1:45:00 8:26	1:51:21 6:21	1:53:09 1:48	1:55:10 2:01
	41	Martin Crosby AOC	mp	3:12 3:12 ----- 6:22	4:50 1:38 1:03:44 1:12	7:20 2:30 1:04:56 1:12	12:21 5:01 1:06:01 1:05	19:51 7:30	26:51 7:00	29:21 2:30	31:56 2:35	41:22 9:26	46:00 4:38	47:17 1:17	54:18 7:01	55:04 0:46	57:22 2:18
	81	Elke Haag PAPO	mp	4:31 4:31 1:07:39 2:51	6:58 2:27 1:09:33 1:54	10:37 3:39 1:12:14 2:41	17:25 6:48 1:13:44 1:30	37:43 20:18	39:43 2:00	42:43 3:00	49:00 6:17	1:00:10 11:10	----- -----	----- -----	----- -----	1:02:00 1:50	1:04:48 2:48
	16	Chris Gelderman NWOC	mp	4:15 4:15 1:24:43 7:17	6:16 2:01 ----- -----	9:27 3:11 ----- -----	17:15 7:48 1:32:48 8:05	26:09 8:54	28:14 2:05	36:45 8:31	47:28 10:43	58:24 10:56	1:06:43 8:19	1:08:48 2:05	1:13:55 5:07	1:15:00 1:05	1:17:26 2:26

Pl	Stno	Name	Time		5.6 km					15 C							
			1(42) 15(43)	2(34) F	3(67)	4(70)	5(51)	6(63)	7(87)	8(46)	9(81)	10(64)	11(33)	12(53)	13(58)	14(88)	
1	147	Romain Perin No Club	1:14:11	3:28 3:28	10:31 7:03	16:14 5:43	18:36 2:22	26:05 7:29	31:40 5:35	34:00 2:20	37:58 3:58	49:52 11:54	54:07 4:15	55:43 1:36	1:01:54 6:11	1:04:40 2:46	1:09:15 4:35
2	56	Stephen Andrew AOC	1:17:42	3:48 3:48	13:00 9:12	23:32 10:32	27:57 4:25	34:42 6:45	39:01 4:19	41:19 2:18	45:17 3:58	51:55 6:38	57:07 5:12	58:50 1:43	1:02:56 4:06	1:05:50 2:54	1:12:05 6:15
3	113	Angie Johnson No Club	1:43:40	6:17 6:17	22:34 16:17	28:07 5:33	30:08 2:01	38:41 8:33	45:36 6:55	48:58 3:22	59:07 10:09	1:03:29 4:22	1:09:59 6:30	1:12:43 2:44	1:18:22 5:39	1:26:41 8:19	1:37:37 10:56
4	44	Colette Maier NWOC	1:45:28	10:27 10:27	16:39 6:12	25:39 9:00	30:06 4:27	43:42 13:36	52:59 9:17	56:08 3:09	1:02:18 6:10	1:05:53 3:35	1:12:11 6:18	1:14:29 2:18	1:20:29 6:00	1:26:42 6:13	1:36:25 9:43
5	220	Jasmine Taitas	1:54:48	4:17 4:17	8:21 4:04	29:36 21:15	41:50 12:14	55:04 13:14	1:03:23 8:19	1:07:58 4:35	1:13:15 5:17	1:20:38 7:23	1:27:53 7:15	1:30:37 2:44	1:35:40 5:03	1:41:06 5:26	1:47:03 5:57
6	78	Gail Sumner No Club	2:01:47	6:09 6:09	16:35 10:26	24:49 8:14	27:37 2:48	51:03 23:26	58:14 7:11	1:01:58 3:44	1:14:41 12:43	1:18:38 3:57	1:27:03 8:25	1:29:22 2:19	1:33:44 4:22	1:39:26 5:42	1:48:52 9:26
7	31	Rob Jacobs AOC	2:16:35	7:10 7:10	16:06 8:56	25:00 8:54	28:11 3:11	40:23 12:12	48:02 7:39	52:30 4:28	1:11:45 19:15	1:23:32 11:47	1:31:19 7:47	1:37:14 5:55	1:44:24 7:10	1:51:13 6:49	2:00:00 8:47
8	74	Steffi Sumner No Club	2:29:16	4:13 4:13	11:56 7:43	52:24 40:28	1:02:16 9:52	1:21:54 19:38	1:31:34 9:40	1:35:15 3:41	1:43:21 8:06	1:46:59 3:38	1:53:53 6:54	1:55:54 2:01	2:03:45 7:51	2:11:14 7:29	2:18:20 7:06
	52	Mark . AOC	mp	----- 2:59:23	----- 3:04:23	1:01:50 1:01:50	1:05:10 3:20	1:18:02 12:52	1:30:51 12:49	1:36:43 5:52	2:03:03 26:20	2:09:18 6:15	2:25:55 16:37	2:28:47 2:52	2:34:22 5:35	2:39:38 5:16	2:49:21 9:43

Orange Short (18)					4.0 km			10 C										
			1(31)	2(34)	3(67)	4(70)	5(64)	6(33)	7(53)	8(58)	9(88)	10(43)	F					
1	204	Ryan Williams AOC	43:16	3:33 3:33	7:39 4:06	12:34 4:55	13:42 1:08	24:05 10:23	25:33 1:28	29:31 3:58	32:44 3:13	38:16 5:32	39:58 1:42	43:16 3:18				
2	63	Allan Janes NWOC	53:22	3:19 3:19	6:17 2:58	12:17 6:00	15:38 3:21	23:47 8:09	25:45 1:58	37:03 11:18	40:45 3:42	46:17 5:32	48:20 2:03	53:22 5:02				
3	49	Hannah Pitman-Bell NWOC	58:19	2:59 2:59	6:10 3:11	11:52 5:42	23:27 11:35	33:54 10:27	35:27 1:33	39:25 3:58	45:26 6:01	51:52 6:26	54:15 2:23	58:19 4:04				
4	149	Sally Rove No Club	1:14:33	5:32 5:32	12:43 7:11	20:30 7:47	26:22 5:52	41:56 15:34	44:36 2:40	49:54 5:18	56:32 6:38	1:03:23 6:51	1:09:05 5:42	1:14:33 5:28				
5	57	Catherine Andrew AOC	1:19:38	6:37 6:37	15:10 8:33	25:58 10:48	30:09 4:11	54:01 23:52	55:12 1:11	1:01:41 6:29	1:04:49 3:08	1:10:44 5:55	1:14:57 4:13	1:19:38 4:41				
6	24	Oli Pike B'head	1:21:52	2:35 2:35	6:07 3:32	24:59 18:52	29:59 5:00	46:17 16:18	48:43 2:26	57:15 8:32	1:06:34 9:19	1:15:47 9:13	1:17:59 2:12	1:21:52 3:53				
7	134	Judie Ng-Wai Shing NWOC	1:22:13	7:17 7:17	18:23 11:06	24:56 6:33	29:24 4:28	46:24 17:00	49:26 3:02	55:49 6:23	1:03:16 7:27	1:12:57 9:41	1:15:54 2:57	1:22:13 6:19				
8	8	Kat Petho AOC	1:22:27	6:43 6:43	16:07 9:24	24:11 8:04	34:16 10:05	51:54 17:38	54:23 2:29	59:02 4:39	1:06:38 7:36	1:13:38 7:00	1:16:31 2:53	1:22:27 5:56				
9	50	Christy Siu NWOC	1:26:34	4:24 4:24	10:27 6:03	24:44 14:17	27:38 2:54	41:53 14:15	44:48 2:55	53:57 9:09	1:06:06 12:09	1:15:54 9:48	1:21:04 5:10	1:26:34 5:30				
10	128	Siobhan Millar No Club	1:26:40	5:46 5:46	13:48 8:02	9:09 2:37	2:37 14:53	2:11 10:58	10:26 8:47	7:17 1:19:33	4:18 1:21:40	5:17 1:26:43						
11	22	Luca Sturny B'head	1:26:43	4:26 4:26	9:50 5:24	28:44 18:54	33:36 4:52	50:01 16:25	52:27 2:26	1:00:59 8:32	1:10:18 9:19	1:19:33 9:15	1:21:40 2:07	1:26:43 5:03				
12	139	Tessa Boyd AOC	1:29:31	5:37 5:37	15:47 10:10	27:35 11:48	34:06 6:31	55:25 21:19	57:56 2:31	1:04:58 7:02	1:12:15 7:17	1:19:51 7:36	1:23:23 3:32	1:29:31 6:08				
13	140	Lyn Stanton AOC	1:29:33	5:37 5:37	15:47 10:10	27:35 11:48	34:06 6:31	55:25 21:19	57:56 2:31	1:04:59 7:03	1:12:15 7:16	1:19:54 7:39	1:23:23 3:29	1:29:33 6:10				
14	6	Leon McGivern AOC	1:39:38	6:25 6:25	15:10 8:45	37:30 22:20	42:36 5:06	55:56 13:20	58:30 2:34	1:11:04 12:34	1:17:07 6:03	1:27:46 10:39	1:33:07 5:21	1:39:38 6:31				
15	91	Hayley Weir No Club	1:50:35	4:54 4:54	13:00 8:06	24:38 11:38	34:05 9:27	52:22 18:17	1:03:45 11:23	1:13:20 9:35	1:21:14 7:54	1:31:22 10:08	1:42:31 11:09	1:50:35 8:04				
	94	Mika Hill NWOC	mp	3:33 3:33	9:26 5:53	22:42 13:16	25:12 2:30	40:18 15:06	42:47 2:29	----- -----	----- -----	----- -----	----- -----	47:43 4:56				
	14	Maddie Longson NWOC	mp	6:53 6:53	16:34 9:41	30:38 14:04	33:28 2:50	43:51 10:23	45:44 1:53	49:40 3:56	54:02 4:22	1:02:01 7:59	----- 12:37	1:14:38				
	209	Gay Amber NWOC	dnf	9:57 9:57	26:45 16:48	36:57 10:12	40:43 3:46	----- -----	----- -----	----- -----	----- -----	----- -----	----- -----					

Yellow (15)					3.2 km			9 C										
			1(80)	2(95)	3(32)	4(40)	5(37)	6(48)	7(88)	8(47)	9(50)	F						
1	148	Tegan Knightbridge NWOC	32:50	4:43 4:43	10:02 5:19	13:07 3:05	16:09 3:02	16:41 0:32	20:13 3:32	26:46 6:33	28:38 1:52	29:49 1:11	32:50 3:01					
2	48	Liam Stolberger NWOC	43:52	3:55 3:55	11:43 7:48	15:59 4:16	19:38 3:39	20:11 0:33	27:00 6:49	36:00 9:00	38:41 2:41	40:43 2:02	43:52 3:09					
3	205	Meigan Handcock CMOC	54:12	4:20 4:20	14:57 10:37	19:32 4:35	27:34 8:02	28:32 0:58	36:46 8:14	44:43 7:57	48:08 3:25	50:28 2:20	54:12 3:44					
4	105	Kaitlyn Pennell CMOC	57:43	3:58 3:58	13:49 9:51	25:20 11:31	32:26 7:06	33:02 0:36	41:37 8:35	50:39 9:02	53:07 2:28	54:32 1:25	57:43 3:11					

Pl	Stno	Name	Time										
Yellow (15)				3.2 km		9 C (cont.)							
				1(80)	2(95)	3(32)	4(40)	5(37)	6(48)	7(88)	8(47)	9(50)	F
5	21	Ryan Mercer B'head	1:02:02	5:33	18:01	24:05	28:42	29:45	41:05	51:42	54:57	58:06	1:02:02
				5:33	12:28	6:04	4:37	1:03	11:20	10:37	3:15	3:09	3:56
6	23	Toby Gentil B'head	1:03:07	4:06	20:13	26:19	31:09	31:59	42:49	52:51	55:20	59:32	1:03:07
				4:06	16:07	6:06	4:50	0:50	10:50	10:02	2:29	4:12	3:35
7	29	Frankie Sturny B'head	1:03:18	6:00	22:12	27:49	33:07	33:43	44:38	51:39	54:21	1:01:00	1:03:18
				6:00	16:12	5:37	5:18	0:36	10:55	7:01	2:42	6:39	2:18
8	30	Alex Little B'head	1:05:19	7:54	24:21	30:04	35:15	35:48	46:53	56:53	59:03	1:02:31	1:05:19
				7:54	16:27	5:43	5:11	0:33	11:05	10:00	2:10	3:28	2:48
9	58	Ben Andrew AOC	1:15:53	5:48	17:41	29:31	36:45	37:23	51:35	1:04:01	1:06:49	1:13:04	1:15:53
				5:48	11:53	11:50	7:14	0:38	14:12	12:26	2:48	6:15	2:49
10	79	Lana Gosse NWOC	1:19:25	7:21	19:49	32:15	40:31	41:11	53:21	1:05:54	1:09:45	1:15:13	1:19:25
				7:21	12:28	12:26	8:16	0:40	12:10	12:33	3:51	5:28	4:12
11	80	Mani Gosse NWOC	1:19:33	7:34	19:52	32:19	40:35	41:13	53:39	1:06:21	1:09:47	1:15:16	1:19:33
				7:34	12:18	12:27	8:16	0:38	12:26	12:42	3:26	5:29	4:17
12	138	David, Ruby&Sam No Club	1:22:16	7:11	21:15	32:22	42:09	43:04	54:52	1:11:13	1:14:59	1:17:21	1:22:16
				7:11	14:04	11:07	9:47	0:55	11:48	16:21	3:46	2:22	4:55
13	10	Scott Carswell NWOC	1:30:46	6:44	23:10	58:34	1:07:03	1:07:33	1:15:31	1:24:29	1:26:34	1:27:57	1:30:46
				6:44	16:26	35:24	8:29	0:30	7:58	8:58	2:05	1:23	2:49
	60	Geoff Leyland NWOC	mp	8:42	20:52	28:44	42:26	42:57	52:42	-----	-----	-----	1:07:51
				8:42	12:10	7:52	13:42	0:31	9:45				15:09
	145	Natasha Wilson AOC	dnf	7:36	22:24	-----	-----	-----	-----	-----	-----	-----	1:07:00
				7:36	14:48								44:36

White (7)				2.4 km		11 C									
				1(91)	2(41)	3(93)	4(94)	5(95)	6(35)	7(97)	8(53)	9(48)	10(45)	11(90)	F
1	203	Haydn Williams AOC	39:45	5:24	9:10	12:08	25:09	26:05	28:20	30:42	34:08	35:54	37:50	38:41	39:45
				5:24	3:46	2:58	13:01	0:56	2:15	2:22	3:26	1:46	1:56	0:51	1:04
2	151	Jessica Jones No Club	42:31	9:05	16:26	20:43	23:03	23:48	28:11	32:01	36:05	38:17	40:34	41:30	42:31
				9:05	7:21	4:17	2:20	0:45	4:23	3:50	4:04	2:12	2:17	0:56	1:01
3	106	Becky Pennell CMOC	42:50	6:48	13:16	22:41	23:31	24:13	27:30	35:24	36:40	37:55	40:03	40:57	42:50
				6:48	6:28	9:25	0:50	0:42	3:17	7:54	1:16	1:15	2:08	0:54	1:53
4	71	Rebecca Greenwood AOC	45:40	11:18	18:12	21:02	22:02	22:47	26:58	33:06	36:54	41:07	43:09	44:38	45:40
				11:18	6:54	2:50	1:00	0:45	4:11	6:08	3:48	4:13	2:02	1:29	1:02
5	98	Kaia Jamieson No Club	45:47	11:22	17:48	20:44	21:55	22:37	26:49	32:57	36:45	40:28	43:24	44:33	45:47
				11:22	6:26	2:56	1:11	0:42	4:12	6:08	3:48	3:43	2:56	1:09	1:14
6	72	Matthew Greenwood AOC	46:29	7:47	16:47	20:15	22:51	24:26	29:01	33:15	37:48	39:58	41:21	45:23	46:29
				7:47	9:00	3:28	2:36	1:35	4:35	4:14	4:33	2:10	1:23	4:02	1:06
7	99	Luca Jamieson No Club	46:58	7:45	16:51	20:47	23:18	24:46	29:17	33:52	38:10	40:40	44:22	45:44	46:58
				7:45	9:06	3:56	2:31	1:28	4:31	4:35	4:18	2:30	3:42	1:22	1:14